

VRAAM: The World's First – And Largest – Virtual Ultra-Cycling Event June 16-28, 2020

VRAAM was created by Anthony Gordon (Nothing But Shorts Films) with help from Sally Heginbotham, David Fell and the RAAM Staff. With the cancellation of RAAM due to the COVID Virus restrictions, a June void in the cycling world needed to be filled. Based on Race Across America (RAAM) - *The World's Toughest Bicycle Race*, VRAAM is designed to fill that void with the purpose of bringing a positive message and inclusivity to the world of ultra-cycling and to bring global awareness to the benefits of exercise in improving mental health.

Thanks to FULGAZ and their virtual platform, riders and fans worldwide can ride or watch VRAAM without leaving home. There is an event for every level of cyclist.

1. **VRAAM** (Race Across America)– 3000 miles (4828 km) in 12 days
2. **VRAW** (Race Across the West) – 925 Miles (1488 km) in 12 days
3. **The60** – 1 hour rides over each of the 12 days

All ride distances will be stunning road segments, predominately in North America.

Note: They will not be the actual RAAM or RAW courses. But, the distances and amount of climbing will be similar to the actual course.

VRAAM and VRAW:

On each day there will be an allotted number of segments allowing riders to accumulate as many miles (kilometers) as possible per day. These will then make up a leaderboard. The maximum time a rider can be on the bike per day is 20 hours. Solo riders only this year.

Note: Completing VRAAM or VRAW does not make you an Official RAAM or RAW finisher.

FulGaz Time Trial Series
Welcome to the first event in the FulGaz Time Trial Series. Can't see your result? Don't worry, we'll get it added for you automatically tomorrow.

Gender: Age Group:

Lochie McLockdown

Position	Name	Location	Age Group	Gender	Time	When
1	The Secret Pro	Belgium	30-34	M	33:04.0	Mon, 27 Apr 2020
2	Daniel Espinosa F.	Ecuador	40-44	M	34:11.0	Thu, 26 Mar 2020
3	Brett McKenna	Australia	40-44	M	36:36.0	Mon, 27 Apr 2020
4	de_stager	nederland	40-44	M	36:50.0	Mon, 27 Apr 2020
5	Julien LM	France	20-24	M	37:27.0	Thu, 26 Mar 2020
6	jeremy gilchrist	Australia	45-49	M	37:33.0	Mon, 27 Apr 2020
7	ben debondt	Australia	45-49	M	37:34.0	Thu, 26 Mar 2020
8	David Nguyen	Australia	30-34	M	37:36.0	Thu, 26 Mar 2020
9	Barry Jones	Australia	40-44	M	37:53.0	Thu, 26 Mar 2020
10	Bruce Wine	Canada	50-54	M	37:59.0	Mon, 27 Apr 2020

The60:

This is a series of one hour rides each day over the 12 days of RAAM. There will be a daily results listing and a cumulative leaderboard the same as VRAAM. It's The Healthy Thing To Do. Research shows that 60 minutes of physical activity per week can prevent up to 17% of incidences of depression, regardless of age, ethnicity, or country. Every minute counts.



Riders can ride every day for the 12 days or they can ride when they choose over that time.

There will be a daily results listing and cumulative leaderboard for each event over the 12 days of the series. The leaderboard will feature the ability to filter for gender and age group.

Whichever event you choose, you will enter as a rider and exit as an ultra-athlete. The key to VRAAM is participation for every aspiring and active rider on the planet in these difficult times.

For updates please add your name to receive updates: bit.ly/VRAAM

Relevant Links:

FULGAZ: <https://fulgaz.com/getting-started-with-fulgaz/>

Partners: <http://www.revolve24.com/partners/australia>